

Dear Parents/Carers

We have had several children coming to school on their PE day with earrings in. In line with the AFPE (Association of Physical Education) guidelines, we just wanted to remind parents of our policy on earrings in school and during PE.

Children are **not permitted** to wear any type of jewellery including earrings during PE lessons or swimming due to health and safety recommendations.

As staff are not permitted to remove earrings for children, we ask that children do not wear earrings on the day they do PE. Alternatively, children can take their earrings out when getting changed for PE and put them back in after the lesson, however children need to be responsible for keeping them safe in their bag, a small box or their tray. If there is a reason why your child can't take their earrings out parents must provide some tape such as micropore to cover them. This is to ensure safe participation in the lesson. A few reminders whilst on the subject of jewellery:

- Pupils should only be wearing 1 small stud earring in each ear - no hoops or dangly earrings for Health and Safety reasons.
- We strongly recommend that earrings of any value are not worn in school.
- If you are considering getting your child's ears pierced, the most appropriate time would be the beginning of the summer holidays.
- Children are not permitted to wear watches but are allowed to wear a Fit Bit as we want to encourage children to be more physically active. These also need to be removed during curriculum lessons.

These rules are in the interest of your child and we hope you understand the importance of following them. If these rules continue to not be adhered to we will have to implement a full ban on earrings in school.

Thank you for your support

Mrs Groves