

Our Lady of the Rosary Long Term Plan 2021/2022

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery			Dance-Nursery Rhymes	Locomotion 1	Stability 1	Target Games 1
Reception	Dance-Circus	Gym-Rocking and Rolling	Gymnastics -flight, bouncing jumping and landing	Locomotion 2	Striking and fielding games 1	Stability 2
Year 1	Gymnastics-pathways small and long	Dance- Animals	Fundamental movement skills 1	Invasion games 1	Athletics 2	Net and wall games 1
Year 2	Dance-Fire of London	Fundamental movement 2	Gymnastics-pathways zig zag and curve	Invasion games 2	Striking and fielding 2	Net and wall games 2
Year 3	Swimming/Health Related fitness	Swimming	Gymnastics receiving body weight	Dance-Around the world	Netball	OAA
Year 4	Basketball	OAA	Gymnastics- partner work	Dance -The Romans	Tennis	Athletics
Year 5	Lacrosse	Hockey	Gymnastics-synchronisation and canon (Robin wood OAA)	Dance-The Haka	Cricket	Football
Year 6	Gymnastics -Flight	Dodgeball	Dance World war 2	Basketball	Rounders	OAA (Top up swimming sessions)