



Our Lady of the Rosary **Wellbeing Vision and Values Statement**

Our Journey
Love God
Others First
Respect All
Persevere to Succeed

Aim

The emotional health and wellbeing of all members of Our Lady of the Rosary Primary School (including staff, pupils and parents) is fundamental to our philosophy and ethos. At OLOR we work together to support all individuals to 'be the best they can be'. We understand the link between wellbeing and how a feel good school will have a positive impact on progress and attainment.

We acknowledge that in order to effectively promote emotional and social wellbeing in others, it is important that school staff:

Have good psychological and physical health.

Have positive attitudes towards their roles and feel valued team members, connected to the school community.

Have a work-life balance that facilitates recuperation from the school day.

School Ethos and Values

-OLOR promotes a warm and accepting whole-setting culture.

OLOR is a warm, family centred school. Everyone is valued and nurtured as a child of God. There is shared responsibility for everyone's wellbeing and high levels of staff-pupil collaboration.

Inclusion of all is OLOR's priority. We promote Growth Mindsets, and use Peer Mentoring and Emotion Coaching throughout school.

-Agreed and consistently applied policies and systems are embedded.

-Support for emotional wellbeing and resilience is in place and accessible to those in need.

Promoting Relatedness

We strive to develop effective working relationships:

Staff are encouraged to use their strengths to support others through collaboration.

We have a positive staffroom environment and ensure our staffroom communication board and weekly emailed timetable contain useful information and are up to date.

Open communication is promoted in staff meetings and whole school development.

Relationships are built on trust - all in the community are encouraged to learn from mistakes.

It is safe for individuals to open up to line managers when they are under pressure and jointly explore ways around this.

Events are planned including, weekly Monday reflection gathering, Friday Staff Bootcamp,

Shared buffet lunches and regular social events are planned.

Professional Development

Staff training to support the emotional needs of pupils will be delivered annually. Staff will ensure all children feel a sense of belonging and know they can get things wrong. Staff will always consider the emotional needs in their seating plans and in other aspects of the classroom. Pupils

will be confident to report any issues to staff and know they will be fairly addressed. Staff will build close working partnerships with parents. They will always seek resolutions when any conflicts arise through proactively communicating positives as well as any issues. Funding will be allocated to resources to provide additional and effective interventions for young people experiencing difficulties socially and emotionally. Aaron Kent (Elevate Youth) and other external agencies will be accessed to help address the wellbeing needs of pupils.

School Audits

At Our Lady of the Rosary everyone's voice is respected and valued. Views of staff, pupils and parents are gathered through evaluation forms. Data collected is analysed and areas for development are addressed. Policy documents are regularly reviewed including the School Development Plan and SEF.

Whole -School Embedded Approaches for Adults and Children

Growth Mindsets

Coaching/Mentoring

Solution focused approaches to problem solving

Peer Mentoring and Buddying

Persevering to Succeed

Learning from mistakes and failure

Distributed Leadership

Calm and ordered learning environments

Clear and consistent routines and expectations

Everyone unique, equal and valued as a child of God

All feel safe to talk about wellbeing and mental health

We have a proactive approach to supporting our children and their families, including:

- Mental Health and Well-being Lead - Miss Molloy
- Designated Safeguarding Lead - Miss Molloy
- Deputy Designated Safeguarding Lead – Miss Cook
- Change Team
- Pupil Mentors/Buddies
- GIFT Chaplaincy Team
- Quality First Teaching
- Graduated Approach
- SEND support
- Lunchtime nurture groups across the school
- Safe social spaces at breaks and lunchtimes - Cabin
- Development of Forest Areas
- Transition programmes for Yr6 pupils and families
- Aaron Kent (Elevate Youth) for 1:1 support for pupils and families
- Transfer of vulnerable pupils to new settings
- Class 'mindfulness' activities using GoNoodle
- Whole school assembly themes to promote and support SEMH
- Worry box for children to easily request support from a trusted adult
- Fairy Hand to get rid of any worries
- Personal and social education and circle time sessions
- Workshops, events and assemblies with well-being focus
- Special support from CAMHS (Child and Adolescent Mental Health Service);
- A range of health and sporting activities across the curriculum and in after-school clubs.
- Health and Happiness Day each term.
- Access to high quality CPD