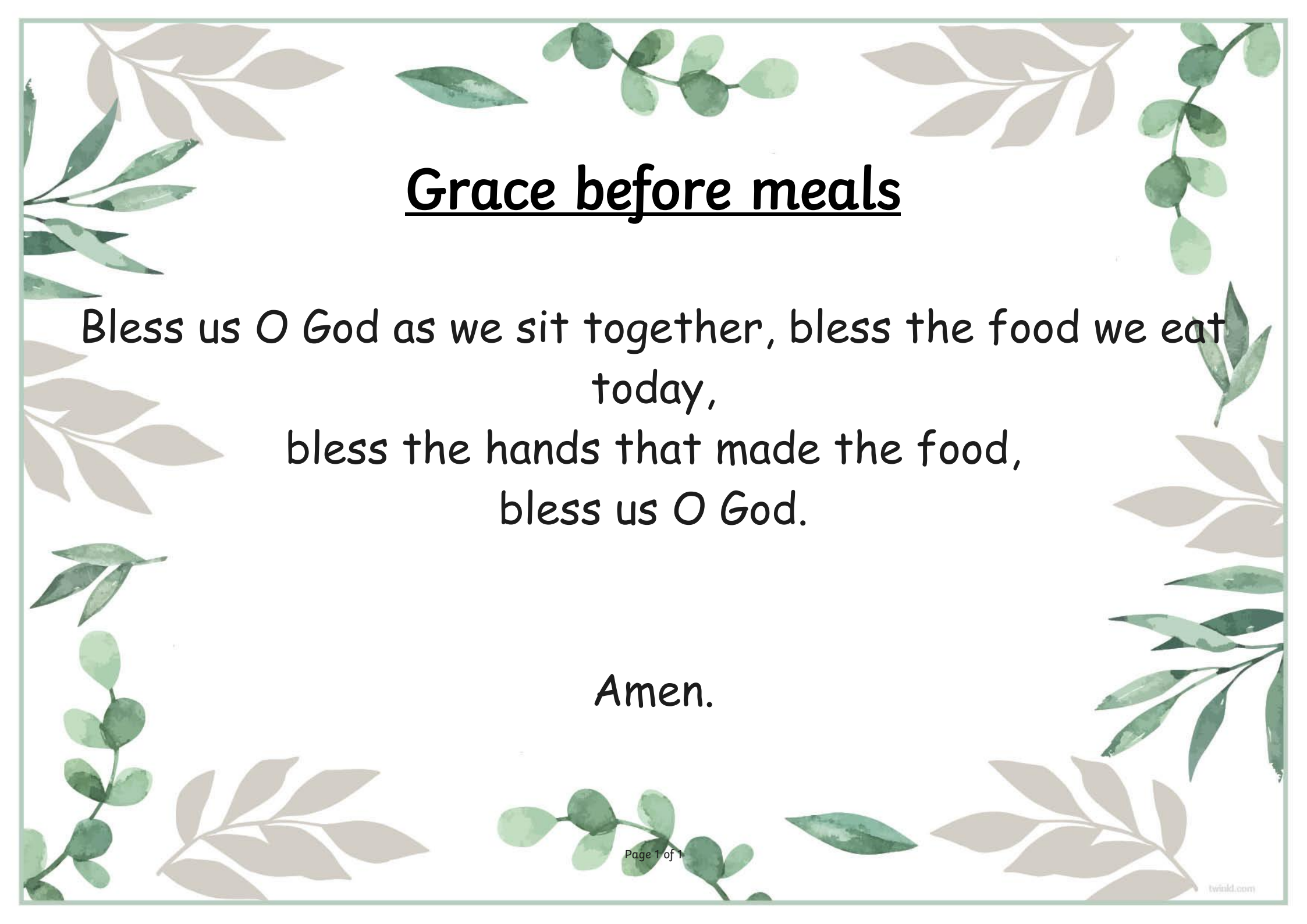




Grace before meals

Bless us O God as we sit together, bless the food we eat
today,
bless the hands that made the food,
bless us O God.

Amen.