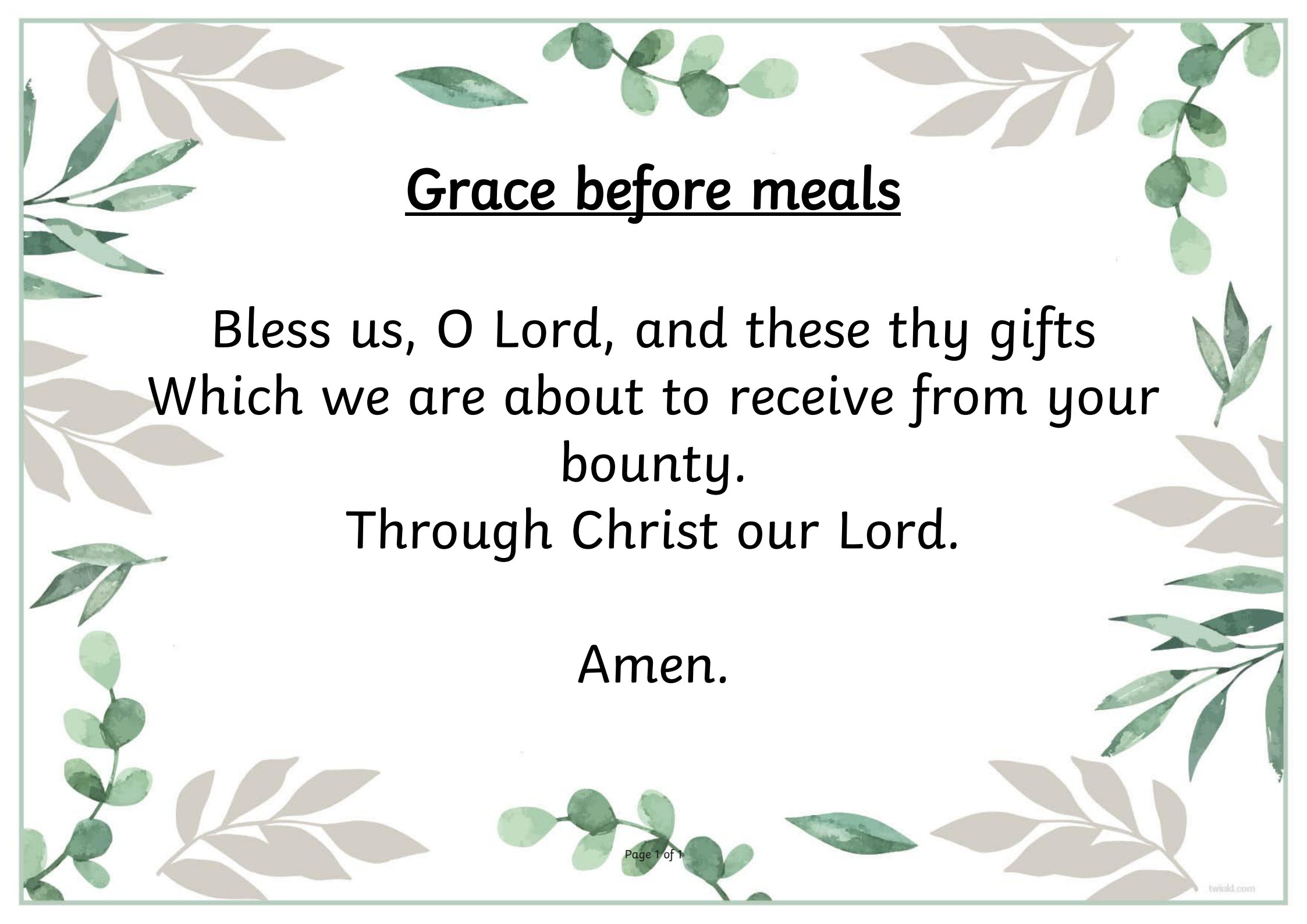




Grace before meals

Bless us, O Lord, and these thy gifts
Which we are about to receive from your
bounty.

Through Christ our Lord.

Amen.